

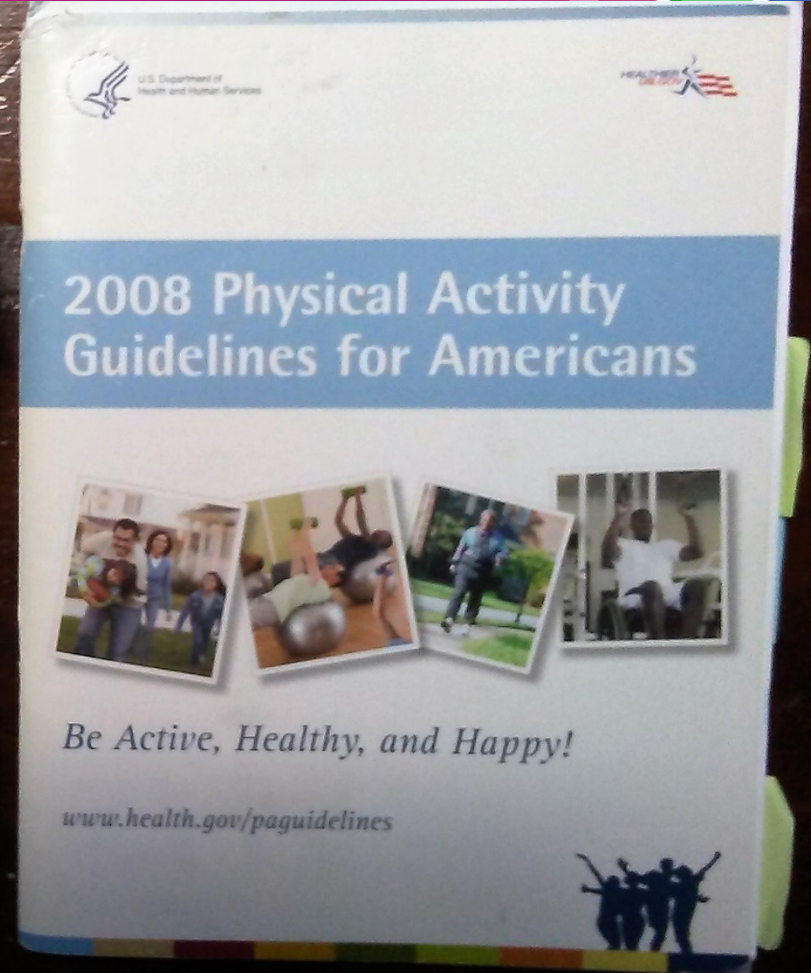
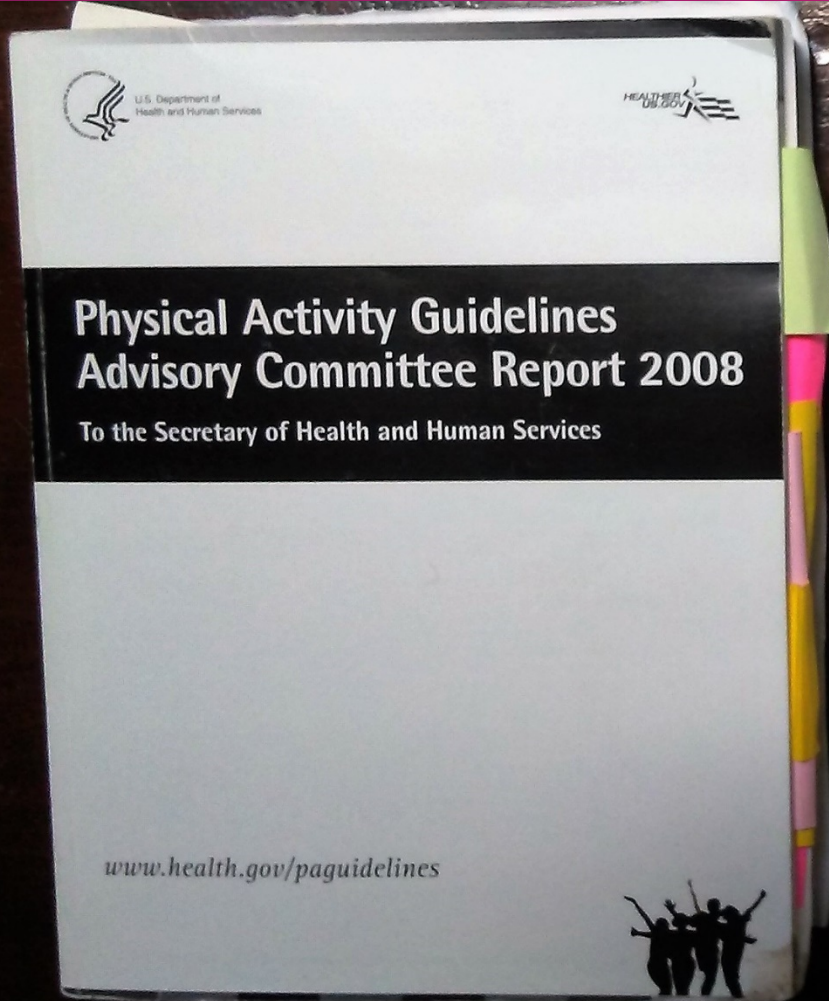


Meeting 4

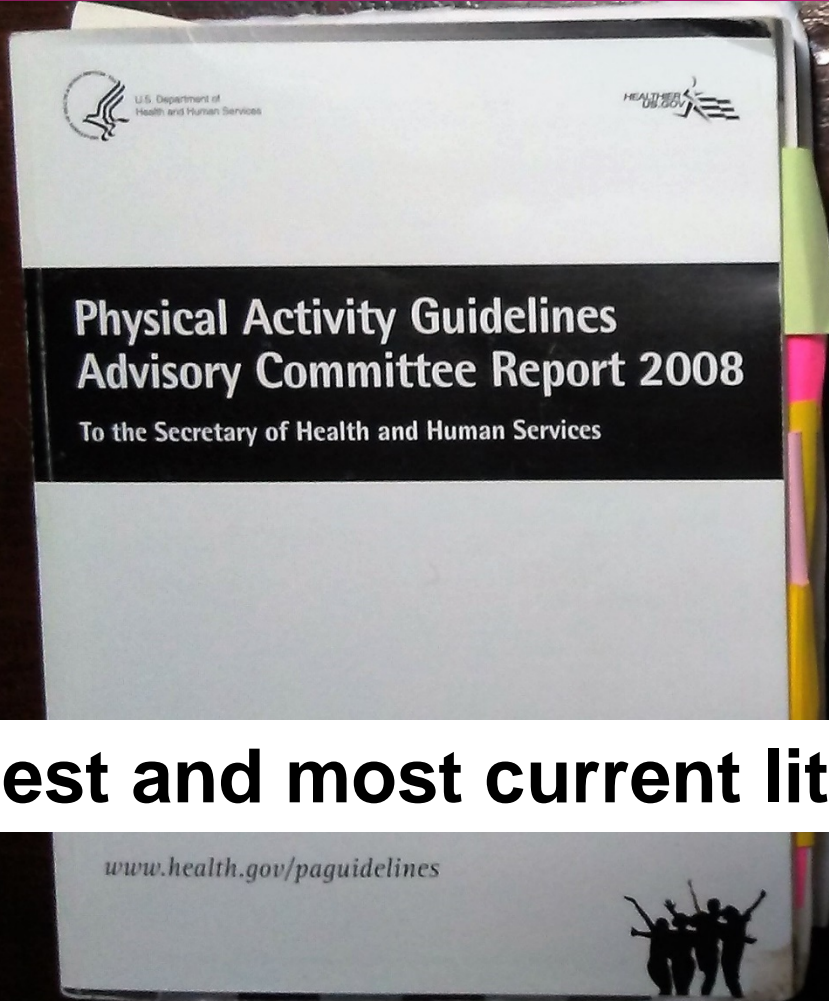
# **Pulling Forward Information from 2008 PAGAC Scientific Report and 2008 Physical Activity Guidelines for Americans**

Ken Powell

# Approach



# Approach



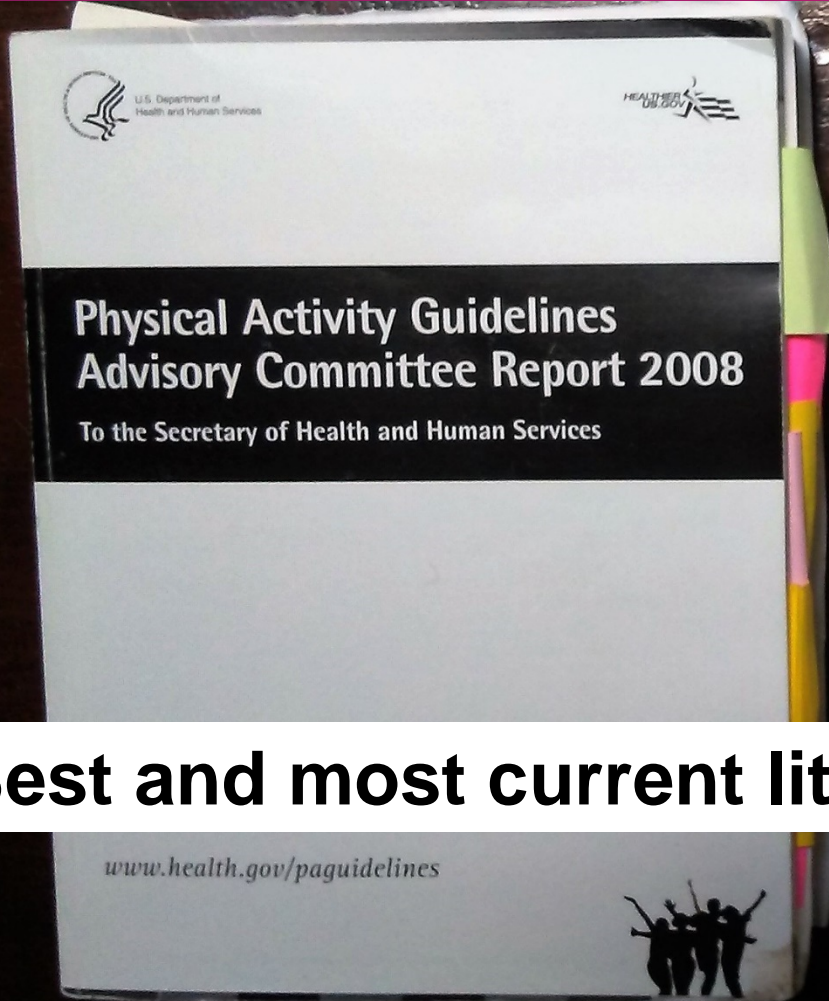
**Best and most current literature and best thinking**

# July 14, 2016

## The New Team



# Approach



**Best and most current literature and best thinking**

# Approach

- “...take into consideration **new scientific evidence** and ... develop a report ...that outlines its science-based advice and recommendations for development of the **PAG**, *second edition.*”

# Approach

- “The second edition of the PAG will build upon the first edition and provide a foundation for federal recommendations....”

# Approach

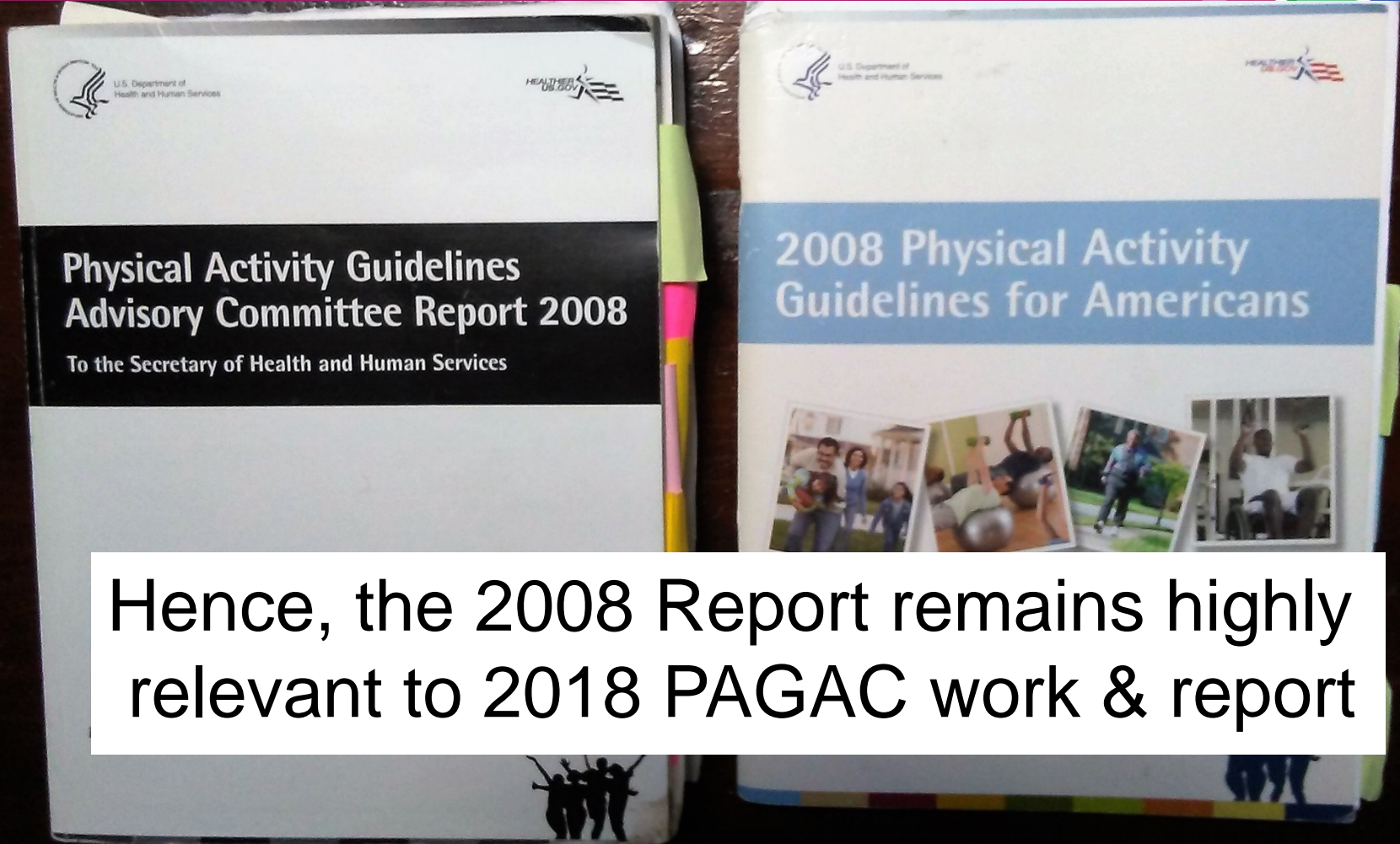


“Build upon the first edition”

We created our structure to focus on new information that would build upon and expand the 2008 PAGAC Report and the 2008 PAG.



# Approach



Hence, the 2008 Report remains highly relevant to 2018 PAGAC work & report

# Approach

We will be explicit about how our work has expanded, updated, or modified the findings from 10 years ago, and also identify what we carry forward from the 2008 report

[www.health.gov/paguidelines](http://www.health.gov/paguidelines)



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# Proposal – Part 1

In the write up for every question, we state how our findings expand, update, or modify the material in the 2008 Reports.

# Example

Aging Q1.

PAGAC Report 2008: Strong evidence that multicomponent programs reduce risk of falls...

PAGAC Report 2018 expands:  
Strong evidence that multicomponent programs reduce risk of serious fall injuries...

# Proposal Part 1

- Location of information about how 2018 findings relate to 2008:
  - Introduction to an evidence summary states how 2018 question relates to evidence reviewed in 2008
  - After the conclusion section and before public health impact, add new section on how 2018 information updates/expands/modifies 2008 report
  - Three subcommittees will provide draft of example of new section
  - Information included in integration chapter according to structure of that chapter

# Proposal Part 2

- Co-chairs will identify major conclusions in 2008 report that are not being addressed by 2018 questions
- Co-chairs will assign these conclusions to most relevant subcommittee for review and to make a recommendation re: endorsement by 2018 PAGAC
- New section of 2018 report identifies 2008 conclusions endorsed by 2018 PAGAC

# Proposal Part 3

- 2018 report can comment on consistency of its finding with summary chapter of *2008 Physical Activity Guidelines for Americans*.
- These comments particularly relevant for integration chapter.